

CPD Requirements and Guidance

It is a condition of NARCH registration and part of the NARCH Guide to Professional Conduct that all RCHs undertake 20 hours CPD per year. The time line for CPD is based upon a calendar year for all members. New members first registered mid-year will have their 20 hours pro-rated, based on the month their membership became active and will be advised of their CPD hours upon joining. Only CPD hours undertaken AFTER the date of first registration with NARCH, can be used towards a RCHs CPD total.

Failure to have the required number of CPD hours uploaded onto your NARCH record and validated by 31st December each year, will result in immediate and automatic, temporary suspension from the NARCH register.

RCHs should aim to achieve a balance of CPD topics and methods of gaining CPD. Here are some examples of how you can gain 20 hours annual CPD:-

- Attend NARCH Education Seminars. Each Seminar is worth 7 hours CPD.
- Undertake up to 5 hours reading, either books or relevant magazine articles, to gain 5 hours CPD. We would expect to see 2 to 3 books uploaded in order to achieve the maximum of 5 hours permitted. To upload reading onto your personal NARCH record, please type in the title of the book, the author and the ISBN reference number (usually found on the back of the book). Scan the front cover of the book and upload this onto your record. The subject matter can be hydrotherapy, veterinary or canine related. See separate reading list attached
- If you deliver a lecture relating to hydrotherapy or a related subject, you may apply to NARCH for approval to claim CPD hours for preparation of the lecture and delivery.
- Undertake up to 5 hours off -subject (non-hydrotherapy related) study e.g. IT training, book keeping, human first aid course, business course. This will earn you up to 5 hours CPD.
- Every 2 years you will need to take a First Aid Refresher Course and these carry usually either 3 or 4 hours CPD, so ensure you upload the certificate under the CPD section of your NARCH record, as well as under the First Aid section.
- Look at the CPD section of the NARCH website for various CPD courses and webinars that we may have publicised. Webinar providers CPD Solutions www.veterinarywebinars.com and The Vet Med Team www.VetMedTeam.com are useful links.
- Your local Vets/Referral Vets may be willing to permit you to review surgical case studies e.g. a TPLO, by watching the surgical procedure and reviewing the notes, pre and post surgery, which could be counted as CPD if signed off formally by the vet. You will need to upload a signed and dated letter from the vet, on the vets own letter-headed paper, detailing the work observed, the procedures studied, the number of hours and the date, making sure your name is stated clearly.

There are numerous providers of canine and non-canine related courses throughout the UK where Certificates of Attendance are provided but, due to the volume and range of subject matter covered, it would be impossible for us to list them all. It is therefore your responsibility to plan ahead and find courses that will give you the relevant CPD hours required by NARCH. If you are in any doubt OR require assistance, please contact NARCH Administration enquiries@narch.org.uk

Reference Books for NARCH CPD Reading

- Swim To Recovery Canine Hydrotherapy Healing** ISBN -978-1-845843-41-0
- Balance Your Canine Massage** ISBN – 0-9679817-6-X
- Peak Performance** ISBN -1-888119-02-0
- The Healthy Way to Stretch Your Dog** ISBN-987-192924254-2
- Animal Physiotherapy** ISBN– 978 – 1- 4051-3195-7
- Dog Anatomy – A Pictorial approach to canine structure**
Peter C Goody ISBN 0.85131.636.0
- Dog Anatomy – A Colouring Atlas**
Robert A Kainer and Thomas O McCracken ISBN 1.888.70.3165
- Canine Rehabilitation and Physical Therapy**
Darryl L Millis, David Levine and Robert A Taylor ISBN 0.7216.9555.8
- A Guide to Canine and Feline Orthopaedic Surgery, Fourth Edition**
Hamish Denny and Steve Butterworth ISBN 978-0-632-051030-8
- Canine Sports Medicine and Rehabilitation**
Christine Zinc ISBN 978-0-8138-1216-8
- Small Animal Neurology**
Simon J Wheeler, William B Thomas ISBN 1-874545-33-2
- Essential Facts of Physiotherapy in Dogs and Cats – Rehabilitation and Pain Management**
Barbara Bockstahler, David Levine, Darryl Millis
- The Complete Dog Massage Manual**
Julia Roberston ISBN 978-1-845843-22-9
- On Talking Terms with Dogs – Calming Signals**
Turid Regas
- Basic Biomechanics of the Muscular- Skeletal System**
Nordin ISBN 13-978-1-4511-1709-7
- Saunders Veterinary Dictionary**
Saunders ISBN 0-7020-2034-6
- Dominance in Dogs – Fact or Fiction**
Barry Eaton (Dogwise Publishing)
- How to Speak Dog -the Art of Dog-Human Communication**
Stanley Coren
- The Intelligence of Dogs**
Stanley Coren
- The Well Connected Dog**
Amy Snow and Nancy Zidonis ISBN 0-9645892-8
- Guide and Control your Pet Dogs Behaviour**
David Ryan ISBN 978-1-291-94611-6
- No Walks, No Worries**
Sian Ryan and Helen Zuich ISBN 978-1845846-3