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## SUMMER 2019 NEWSLETTER



Mid summer and here we are in the midst of gale force winds and torrential rain.....yes this is English weather at its best. But let us not allow the wet weather to dampen our enthusiasm for all things hydrotherapy related.

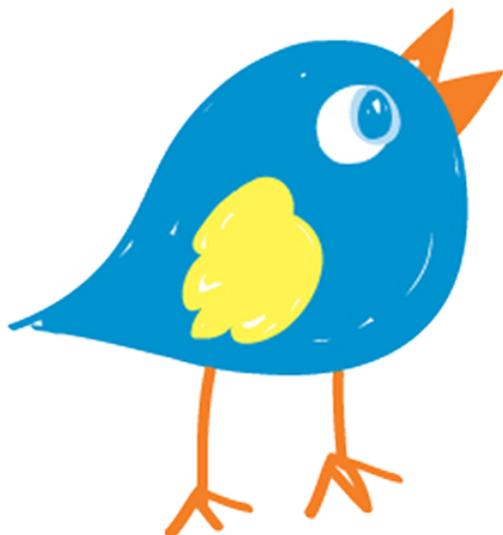
Whilst we traditionally think about taking holidays in the summer months, it can also be a good time to take stock of your premises and to use the longer days to put into effect any refurbishment plans or re-decorating that may be required.

NARCH Auditors have completed over 20 audits in the last few months with more scheduled for September and October. One of their many focuses of attention will be the general cleanliness, tidiness and safety aspects of a centre. This extends not only to the pool and treadmill areas, but also to any cupboards, storage rooms, machinery areas, cloakrooms, filing areas and waiting areas used by owners and dogs.

So, if you have not yet had a NARCH audit, perhaps now would be a good time to take an objective look at your premises and equipment, with an audit in mind.

**NARCH AGM and Education Seminar – Sunday 6th October 2019**

at Holiday Inn, Guildford, GU2 7XZ



We have a great programme arranged for you this year, interspersed with the usual refreshment breaks throughout the day and a buffet lunch. The day begins with the NARCH AGM, followed by the main seminar programme. This year delegates will be divided into two smaller groups to attend the various workshops. The cost of delegate places for RCHs is being subsidised by NARCH.

09:10 – Annual General Meeting – Open only to RCH’s holding current (active) and paid up registration.

**10.00 – 10.45 The Arthritis puzzle and the missing pieces – a look at how professionals can improve service provision to arthritic dogs and their owners.**

Lecturer: Hannah Capon, Canine Arthritis Management (CAM). Hannah is a practicing Small Animal Veterinary surgeon who was driven to launch CAM in 2016 in a bid to improve public education about the effects of chronic arthritic pain. All delegates to attend

11.05 – 11.50 Workshop Sessions – delegates will be divided into two groups, red or blue group and attend each workshop in rotation:

- **Canine Behaviour Workshop** Lecturer: Chantal Hughes, The Clever Dog Company. Chantal works with owners and their dogs to achieve their training and behaviour goals.
- **Your Health as a Hydrotherapist and how to look after it** Lecturer: Marion Aylott, RCH and hydrotherapy centre owner, with a PhD in Health Service Management and Applied Research and MSc in Biological Science

11.55 – 12.40 Repeat of Workshop Sessions, as above, allowing all delegates to attend every subject.

12.45 – Buffet lunch and time to network – During lunch Geoff Ayes of SHARC will hold an informal workshop to showcase their hydrotherapy and rehabilitation management software.

13.45 – 14.30 Workshop Sessions – delegates will be divided into two groups, red or blue group and attend each workshop in rotation:

- **Small Pool Hydrotherapy Techniques** Lecturer: Adam Gibbins, RCH, Hydrotherapy business owner and Chairman of NARCH AND Lecturer: Katrina Juson, RCH, Hydrotherapy business owner and NARCH committee member
- **Pool Water Testing** Lecturer: Colin Day, The Tintometer Ltd, specialising in pool water testing.

14.35 – 15.20 Repeat of Workshop Sessions, as above, allowing all delegates to attend every subject.

**15.45 – 16.30 Integrating mobility carts into your rehab practice** – a webinar from Eddie’s Wheels, USA. All delegates to attend.

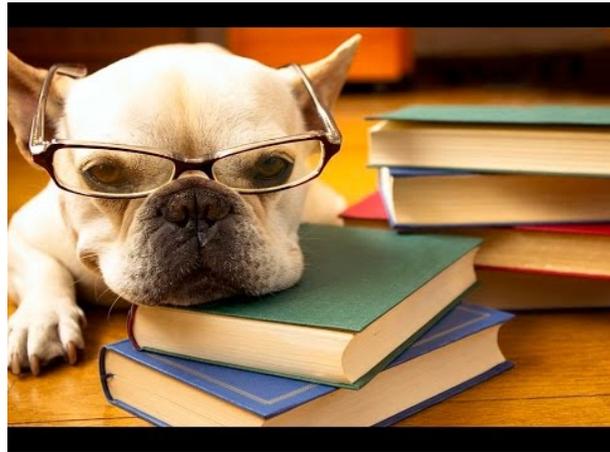
*EARLYBIRD PLACES – £50 for RCHs and £65 for non-RCHs* for all bookings made before 6th September 2019. Thereafter, the cost will be £65 for RCHs and £80 for non-RCHs.

Please note we do not issue tickets, you will receive a confirmation e-mail from us, and your name will be added to the delegate register. RCHs and their paying guests are welcome to attend the Education Seminar starting at 10.00. Your attendance at this event will be worth 7 hours CPD, with CPD certificates being provided at the end of the day.

*We hope to see as many of you as possible – book **NOW** and take advantage of the Earlybird discounted price.*

## Resource Library – what is it and where can it be found?

Should you have any questions relating to any aspect of your NARCH registration, be this CPD, canine first aid refresher courses or NARCH training and registration requirements, it is always worth visiting the Resource Library. This is the third tab in from the left, on the NARCH website toolbar.



We store many useful guidance documents and forms here, including details of training course providers that meet NARCH requirements, we also maintain a copy of all past newsletters over the years.

Many of you will now have refreshed your canine first aid by taking the Greyfriars online canine first aid refresher course, remember the next time you are due to refresh your canine first aid training, you will need to do an attendance-based course.

The Resource Library stores a useful guidance document on our canine first aid refresher course requirements, plus a list of the course providers whose courses meet NARCH requirements. Although there are numerous canine first aid courses available in the UK, not all meet NARCH requirements. It is therefore very important that the first aid training course provider you decide upon, does meet NARCH requirements. Otherwise, your attendance will only be valid for CPD purposes and will not be acceptable to renew your canine first aid training. Please do visit the [Resource Library](#) to check out the latest information.

You can find the following documents under the Resource Library tab:

- Equipment guidance
- Canine First Aid Refresher courses
- CPD guidance
- Essential behaviour knowledge
- Water quality guidance
- Training and registration
- The NARCH Guide to Professional Conduct

Finally, you will find a copy of the NARCH Guide to Professional Conduct, an original copy would have been sent to you with your NARCH welcome pack at inception of your registration. The NARCH Guide to Professional Conduct should be read by all RCHs and should be viewed as a reference point for any aspect of your day to day

activity as a RCH. Read in conjunction with the guidance documents uploaded to the Resource Library, an RCH can keep themselves up to date.

**NEW VET REFERRAL FORM SOON TO BE UPLOADED TO RESOURCE LIBRARY** – keep a look out for a new vet referral form that we will be uploading soon to the Resource Library. We hope this new form will assist you when requesting referral information from a vet.

## PUPPY SWIMMING



NARCH do not have any specific requirements relating to the swimming of puppies, as NARCH respect the RCH's professional ability to make sensible decisions in this regard.

In general, the advice for fitness swimming would be to wait until the puppy has had their vaccinations and booster, then allow a further 1–2 week period after this, to be sure it is safe. Normally this would mean that a puppy would be 14 weeks old or older.

Start with short, very gentle sessions that are fun, swim in a life jacket and only for very short distances. Allowing the puppy to paddle and play would also be helpful. Puppies can get cold quite quickly – if they do start to shiver, get them out of water and dry off.

The exception would be based on vet advice and the urgent need for rehabilitation – but it is very rare that hydrotherapy would be needed at a younger age than as stated above

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